the ELF on the SHELF. a Christmas tradition

Scout Elf Hopscotch

Materials

- Color printer
- Card stock/paper
- Printable
- Scissors
- Pennies
- Optional items needed to complete the numbered challenges
 - Jump rope
 - Hat
 - T-shirt
 - Pants
 - Socks



Instructions:

- 1. Your elf will print and cut out the printable.
- 2. They will toss a penny to land on a number and follow the instructions that match the corresponding number.
- 3. When you wake, join them in a riveting round of hopscotch. Instructions for one, two, or more players, along with details for the corresponding challenges, can be found on the printable.

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Instructions for One Player:

- 1. Print the elf-size hopscotch board.
- 2. Toss a penny and see which number you land on.
- 3. Follow the instructions that match the corresponding number.
- 4. If you complete the task accurately, toss the penny again attempting to land on a new number.
- 5. If you cannot complete the task, try again.
- 6. Play until you have landed your penny on each number and completed all 10 challenges.

Extra challenge: Time yourself to see how fast you complete all 10 tasks. Then, play again to see if you beat your time.

Instructions for Two or More Players:

- 1. Print the elf-size hopscotch board.
- 2. Player one tosses a penny to land on a number.
- 3. Player one follows the instructions that match that number. Their turn is over once they complete the task.
- 4. A player loses their turn if the penny lands outside the numbers, if the penny lands on the number of a challenge they already completed or if they are unable to complete the challenge for that number.
- 5. Continue playing, taking turns between players.
- 6. The first player to land their penny on each number and complete all 10 challenges wins.

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Challenges

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- 1. Do 15 jumping jacks in 30 seconds.
- 2. Do 10 push-ups in 30 seconds.
- 3. Do 5 burpees in 20 seconds.

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- 4. Sing a Christmas carol from start to finish.
- 5. Name Santa's original eight reindeer.
- 6. Jump rope for 45 seconds without tripping up.
- On top of the clothes you're wearing, put on a hat, t-shirt, pants and socks and take it all off in 30 seconds.
- 8. Stand on one foot for 30 seconds without falling over.
- 9. Hop on one foot for 15 seconds without falling over.
- 10. Spin around 10 times without falling over.

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