



Lessons from Scout Elf School: **Polar Pep Talk**





Note to Teacher

In the stories of Scout Elf School, Scout Elves practice social and emotional learning skills by recognizing their own feelings and practicing positive actions that build confidence. In this activity, students can use a pep talk chart to create positive phrases for themselves and others.

Curriculum Standards

CASEL Competencies

(Collaborative for Academic Social and Emotional Learning):

Social Awareness Relationship Skills Self-awareness Self-management

Core Curriculum Standards

CCSSCRA.W.4

Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

CCSSW.1.5

With guidance and support from adults, focus on a topic, respond to questions and suggestions from peers, and add details to strengthen writing as needed.

CCSSCRA.W.5

Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach.

CCSSCRA.L.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

CCSSCRA.L.2

Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.

Introductory Activity

- Two versions of the Polar Pep Talk worksheet have been provided. Choose the most appropriate version for your class level.



- Ask students how positive encouragement makes them feel.
- Make a chart of feelings students might experience when someone encourages them (proud, happy, shy, silly, confident, excited, etc.).
- Tell students they can create their own Polar Pep Talk just like the Scout Elves use to encourage each other at Scout Elf School.
- Select a volunteer to give you four numbers between 1-15 or 1-30 (depending on the version you printed).
- Create a sentence from each column in order using the numbers the student gave you. (For example, if your student chose 4, 8, 17, and 23, you would read 4A, 8B, 17C, and 23D).
- Read the student's Polar Pep Talk phrase out loud.
- Continue providing a few more examples before allowing students to participate in the activity using the instructions below.

Beginning Learners:

- Provide students with copies of the 15-row Polar Pep Talk chart and a blank piece of paper.
- Place students into pairs and have them choose a phrase from each column to create a Polar Pep Talk phrase for their partner.
- Have students copy the phrase onto their paper and decorate it using markers or crayons.

Progressing Learners:

- Provide students with copies of the 30-row Polar Pep Talk chart and a blank piece of paper.
- Emphasize that there are over 810,000 possible combinations of phrases!
- Students may use a randomizer online or draw numbers out of a hat to choose phrases from each column. Have students write 5 possible phrases on their sheet of paper.
- Have each student pick a classmate's name from a hat. Have students write down a phrase for their classmate using their favorite phrases (one in each column) from the chart.
- As a full class activity, students will read their phrase out loud to the student whose name they picked.

Advanced Learners:

- Provide students with copies of the 30-row Polar Pep Talk chart and a blank piece of paper.
- Emphasize that there are over 810,000 possible combinations of phrases!
- Students may use a randomizer online or draw numbers out of a hat to choose phrases from each column. Students will write 10 possible phrases on their sheet of paper.
- Students will share their favorite phrases in groups.
- Students will return to their tables and create a 5-row, 4-column table on a blank sheet of paper.



- Students will create their own pep talk chart with 5 options in each column.
 - Column A contains greetings or informal nicknames/positive titles (friend, champ, buddy, etc.)
 - Column B contains positive adjectives plus nouns that are generic personal attributes (your excellent cooking, your silly dancing, the way you dunk the ball, etc.)
 - Column C contains a verb plus a descriptive word or phrase (is electrifying, makes my heart jump for joy, is better than popcorn, etc.)
 - Column D contains an exclamation/closing thought. (Shazam!, Hooray!, Hot-diggety-dog!, etc)
 - Students will share their pep talk charts with each other and revise as needed.



Your students can explore the arctic and get their game on with a virtual visit to Santa's North Pole. Discover games that challenge your students visual thinking, STEM skills and focus, along with lots of clever silliness thrown in along the way by the Scout Elves. Visit SantasNorthPole.com!

